## **AMERICAN EDUCATION SYSTEM VS SPANISH EDUCATION SYSTEM**

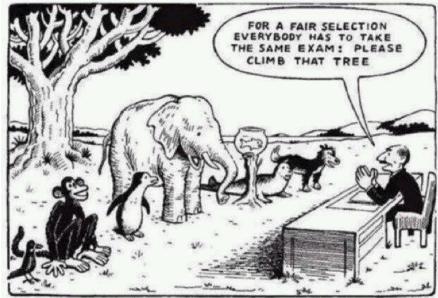
This research work aims to analyze each education System, the Spanish one and the American one with the objective in proving which one is better, which one shows more academic improvement, which one is better combined with sports, which one is better for our mental health and also finding the way to improve ours.

To answer those questions my research work has been divided into two parts, the theoretical part and the practical part. I did my research through some webs, watched Ted Talks and made a survey where I asked some questions about the two Education Systems.

For the practical part I made a survey where I asked questions about both education systems related with sports, mental health, homework, tests, projects... and then compared the results. I asked my Spanish, as well as my American friends questions about their own education system.

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## **Our Education System**

"Everybody is a genius. But if you judge a fish by its ability to climb a tree, it will live its whole life believing that it is stupid."

- Albert Einstein